



FROM THE PARISH PRIEST

The Fifth Sunday of Lent has long been known in Catholic Tradition as Passiontide. It commemorates the suffering of Christ and takes its name from the Latin, “passion” meaning “to suffer.”

The Church gives us this time to remind us of two things. The first is that Christ *has* suffered for us. As he journeyed to Cavalry on that first Good Friday, he was taking upon Himself our struggles and our weaknesses in order to set us free and bring us eternal life.

The second is that Christ *continues* to suffer with us. Whatever struggles we are facing, or may face in the future, we do so knowing that we do not do it alone. Rather Christ is there with us to help us carry those burdens and give us all that is necessary to face them!

Oremus pro invicem!

SAINT OF THE WEEK

St Joseph

Nothing is really known about St Joseph except what is written about him in the Gospels. From these Sacred Texts, we know that he was a carpenter; he accepted the will of God; and he supported Mary and helped raise Jesus.

From the human character of Jesus, we can see that he was a good man and responsible father.

He is widely venerated as a patron of workers who use their gifts and talents to give glory to God in all that they do.

His quiet faith is also an encouragement to us that we can do incredible things by doing the small things in life with great love.

St Joseph - pray for us!

PARISH OFFICE OPENING TIMES

Monday - 10 am - 2 pm

Tuesday - 10 am - 2 pm

Wednesday - 10 am - 2 pm

Thursday - CLOSED

Friday - CLOSED

Saturday / Sunday - CLOSED

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www.lutonpastoralarea.org

www.northamptondiocese.org

VISIT OUR WEBSITE FOR MORE INFORMATION
WWW.OURLADYHELPOFCHRISTIANS.CO.UK

HOLY WEEK

We are delighted to welcome Fr Joseph Ferme (from the Archdiocese of Boston) as well as Christan and Reed (from the Diocese of Nashville) to Our Lady's for the celebration of Holy Week this year!

Please be sure to say hello to them next Sunday!

DEFIBILLATOR

We have been successful in our application for a defibrillator which will be installed at Our Lady's over the next few weeks.

Hopefully, it will never have to be used, but it will be available for anyone who needs it!

CHURCH CARPET

Thanks to a generous donor we have been able to replace the carpet in the church and the narthex.

FRASSATI GROUP

Starting after Easter, there will be a monthly gathering for young adults aged between 18 - 30 to learn more about the faith and engage with other young Catholics.

LIFE TEEN

After Easter we will be launching a Life Teen Youth Group for young people aged between 11 - 16. More details to follow.

PARISH REGISTRATION

Please use the following link to register as a member of the Parish (<https://www.caspar.church/me>)

CHURCH OPENING TIMES

Please note that during the winter, the church will be open from 7.30 am until 4 pm every day (including Thursday).

On Sunday, the church will remain open until 6.30 pm.

RADIO MARIA

Radio Maria is a Catholic radio channel that seeks to expand our understanding of the faith and showcase new Catholic musicians. You may even hear a familiar priest's voice every so often on Friday mornings!

To check out Radio Maria, use the following link:

<https://www.radiomaria.org>

CHURCH SECURITY

ALTAR RAILS

As part of the upgrading of church security, some altar rails will be made and installed around the sanctuary over the next few weeks.

We will also be continuing to look into electric gates for the car park and other entrances to the church premises as part of our security overhaul.

HELPERS OF OUR LADY'S

The Helpers of Our Lady's will be meeting **THIS SUNDAY** following the 11.30 am Mass.

The Helpers apostolate is to help within the parish and the local community. All are very welcome to attend the meeting and learning more about the ministry involved.

UNITY GROUP

All are welcome to join the Unity Group which meets in the Narthex at the back of the church every Sunday following the 5 pm Mass.

POPE'S PRAYER INTENTIONS

To remind us of our unity with the Holy Father, all Catholics are invited to remember the Pope's prayer intentions in their own prayers. This month the Pope's intentions are:

"For our fellow believers who are being persecuted for their faith by their own countryfolk or their government."

VINNY'S PANTRY

Vinny's Pantry will be open on Tuesdays between 6 pm - 8 pm.

The Pantry is open to anyone and everyone who may be in need of essential items as well as a place to have a cup of tea or coffee and speak with one of our incredible SVP Members.

The Pantry is currently in great need of bags of rice, tinned tomatoes, pasta sauce, pasta, tinned meats, tea, and coffee.

If you are able to provide any of these items, please leave them in the sacristy before or after Mass.

SELF DEFENCE CLASSES

There is an opportunity to take part in self - defence classes in the Parish Centre on Wednesday at 7.30 pm. All are welcome!

The classes will continue this Wednesday 20th of March.

UPCOMING EVENTS

Friday 22nd March - 7 pm

Lenten Station Mass offered by Bishop David Oakley at Holy Ghost Parish.

Thursday 28th March - 11 am

Chrism Mass offered by Bishop David Oakley at Northampton Cathedral.

Sunday 7th April - 2 pm - 4pm

Divine Mercy Sunday devotions at Our Lady Help of Christians.

PUBLIC ROSARY

There is an opportunity to pray the Rosary outside of the church (Castle Street side) from 4 pm. All are welcome.

VESPERS AND BENEDICTION

There will be an opportunity to pray Evening Prayer of the Church at 4.15 pm in the parish.

HYMN BOOKS

When not being used, please leave the hymn books in the ledge in front of the pews. This will keep them looking amazing for longer!

PARISH PRAYERS

Please pray for: Seamus Wilhare, Sally Rhodes, Tommy Hannigan, Connor McFadden, Margaret Malone, Alexander El-Lamaa, Margaret Spring, Agnieszka Daniel, Christopher Parfitt, Jimmy, Tina, John McCormick, Jane Matthews, Mary Williams, Michael Curtin, and all who are sick.

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Please pray for: Maureen Friels, Jim Seery, Thomas O'Boyle, Francis Farrell, Augustine Abara and all our loved ones who have died.

BETHANY MASS

The next Bethany Group Mass for our SEN brothers and sisters will take place **THIS SUNDAY** the 17th March at 3 pm in the Sacred Heart Church in Luton.

BIBLE STUDY

The Bible Study Programme continues this week on Thursday the 14th March at 7.30 pm in the Parish Centre. All are welcome to take part in exploring Christ in the Old Testament with audio input from Dr Scott Hahn.

DOOR OF GRACE YOUTH RETREAT

Anointing Fire Catholic Ministries will be leading a retreat for young adults here at Our Lady's.

The retreat will take place on Saturday 6th April from 11 am - 2 pm.

For more information, please refer to the poster in the Narthex.



QUOTE OF THE WEEK

"You have to learn the hard way how to live in the light"

- Fr. Stuart Long
1963 - 2014

SECOND COLLECTION

The second collection this week will be an opportunity to support the flowers for Easter.

ROTAS

The rotas for Extraordinary Ministers and Readers are available from the narthex.

CHAPLAINCY APPRENTICE

Cardinal Newman Catholic School is looking for a Chaplaincy Apprentice

If you would like any further information, or would like to arrange an informal visit, please contact Miss Jade McKinlay PA to Headteacher on:

jmckinlay@cardinalnewmanschool.net

MASS READINGS AND PRAYERS

Please scan the QR code to access the daily Mass readings and prayers.



PARISH OFFERTORY

A huge thank you to all those who are able to support the mission of the parish through their financial offering.

£1503.23

Please note that no monies are kept on site.

LITURGIES AND EVENTS THIS WEEK

<p style="text-align: center;">SUNDAY 17th March</p> <p>4th Sunday of Lent</p>	<p>9 am Adoration 9.30 am MASS</p> <p>11 am Adoration 11.30 am MASS</p> <p>4.15 pm Adoration & Vespers 5 pm MASS</p>	<p>Patrick Kelly Int., Pat Lawrence Int., Una Monahan RIP, B Onyx RIP, Christine Smith RIP.</p> <p>Philomena Simmons Int., Ronald Simmons RIP, Marian Tucholski RIP, Ngozi Ojih RIP, Laura Bublitz RIP.</p> <p>Anna Szmulewska Int.</p>
<p style="text-align: center;">MONDAY 18th March</p>	<p>7.30 am MASS (Latin)</p> <p>12 pm ADORATION AND CONFESSIONS</p> <p>12.45 pm MASS</p> <p>7 pm RCIA</p>	<p>Fr Neville McClement RIP.</p> <p>Rose Murphy RIP.</p> <p>Parish Centre</p>
<p style="text-align: center;">TUESDAY 19th March S. Joseph</p>	<p>7.30 am MASS (Latin)</p>	<p>Fr Neville McClement RIP, Sheba Mufunde RIP.</p>
<p style="text-align: center;">WEDNESDAY 20th March</p>	<p>7.30 am MASS (Latin)</p> <p>12 pm ADORATION AND CONFESSIONS</p> <p>12.45 pm MASS</p> <p>FHC Parents Evening</p>	<p>Jim Seery RIP.</p> <p>Janet Murphy RIP</p> <p>Parish Centre</p>
<p style="text-align: center;">THURSDAY 21st March</p>	<p style="text-align: center;">No Public Mass today</p>	<p style="text-align: center;">Please check the Pastoral Area Website for details on Masses in neighbouring churches</p>
<p style="text-align: center;">FRIDAY 22nd March</p>	<p>12 pm ADORATION AND CONFESSIONS</p> <p>12.45 pm MASS</p> <p>6.30 pm Stations of the Cross</p>	<p>Eddie Murphy RIP.</p> <p>Church</p>
<p style="text-align: center;">SATURDAY 23rd March</p>	<p>8.30 am Rosary</p> <p>9 am ADORATION AND CONFESSIONS</p> <p>9.30 am MASS</p> <p>11 am FHC</p>	<p>James Patrick Hayes RIP.</p> <p>Parish Centre</p>