

**Our Lady Help of Christians  
Diocese of Northampton – Deanery of St. Albans**

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Website: [www.ourladyhelpofchristians.co.uk](http://www.ourladyhelpofchristians.co.uk)

Northampton Diocese: [www.northamptondiocese.org](http://www.northamptondiocese.org)

Luton Pastoral Area: [www.lutonpastoralarea.org](http://www.lutonpastoralarea.org)

Parish Priest: **Fr Dariusz Bialowas**

Assistant Priest: **Fr Don Bosco Gunturu**

**Sisters of St Clare:** 3 Abigail Close, Luton LU3 1ND

Tel: 01582 424518: [www.sistersofstclare.com](http://www.sistersofstclare.com)

**Parish Safeguarding Rep (PSR):** Kate Brooks

Tel: 07395 938462 Email: [safeguardingpsr@outlook.com](mailto:safeguardingpsr@outlook.com)

**Sunday 6 March 2022: 1<sup>st</sup> Sunday of Lent**

09:30 Cassie Kathleen Carbin - RIP  
People of the Parish - Intentions

11:30 Rosie Nowicka - Special Intentions  
Malcolm Hudson - RIP

5pm Stanislaw Bubicz - 1<sup>st</sup> Anniversary RIP  
Marian O'Shea - Birthday Intentions

**Monday**

12:45 Florence McCafferty - RIP  
Jim Kelly - RIP  
Mary Simon - Intentions

**Tuesday**

12:45 Florence McCafferty - RIP  
Angela Day - 1<sup>st</sup> Anniversary RIP  
Thomas John - Intentions

**Wednesday**

12:45 John O'Donnell - RIP  
Dany Harkin - Good health intentions  
Rappai Kochappeu - RIP

**Thursday**

12:45 Mai Daly - RIP

**Friday CAFOD - Lent Fast Day**

12:45 Holy Souls in Purgatory

**Sunday 13<sup>th</sup> March 2022: 2<sup>nd</sup> Sunday of Lent**

09:30 Sean O'Riada Mass celebrating St Patrick's day  
Marie Cosgrove - RIP  
Veronica Connor - 1<sup>st</sup> Anniversary - RIP

11:30 People of the Parish - Special Intentions

5pm Vocations to the religious life

**Parish Prayers**

Remember in your prayers those recently deceased:  
Florence McCafferty, Agnes Brady and Cathy Canning

Please pray for Taniesha Emil and all those who are sick

Please also pray for our young people who will be making their confirmation in May 2022.

**Forthcoming Events**

**The God Who Speaks** A series of online Zoom sessions exploring the upcoming Lectionary Readings and Seasons of the Liturgical Year. Email: [admin@nores.org.uk](mailto:admin@nores.org.uk); tel 01582 723312

Come and join the **St Vincent de Paul Society** for zoom 'taster' sessions this lent, and see how **YOU** can make a real difference, by sharing the love of God with those most in need by providing practical, emotional and spiritual support. If you would like to know more or are interested in joining 1 or more of our sessions please contact Kate on 07921 778507

**UNIVERSE Catholic Weekly** have launched their online newspaper. Order **your digital** 4 weeks free trial by calling Michelle on 07436 617650 or e mail: [michelle.jones@universecatholicweekly.co.uk](mailto:michelle.jones@universecatholicweekly.co.uk)

**St Thomas Catholic Academies Trust** are offering an exciting paid teaching internship programme this summer. If you are an undergraduate studying Maths, Physics or Computer Science, please have a look at our website: [www.stcat.co.uk/careers-and-training/internships](http://www.stcat.co.uk/careers-and-training/internships). Contact Maxine Gilmartin [admin@stcat.co.uk](mailto:admin@stcat.co.uk) - - Closing date 13<sup>th</sup> May 2022

**PARISH OFFICE HOURS**

Tuesday to Friday - 10 am to 2 pm

**Covid Safety Measures:** We welcome you all to Mass and would like to remind you of the measures we are taking to keep you safe. We still have to observe social distancing, hand sanitising, face coverings and we continue to rely on our stewards to guide the congregation for the Holy Communion procession.

**Friday 11th March** is CAFOD Lent Fast Day and there will be a 2<sup>nd</sup> collection next week. Envelopes can be collected from the back of the church.

**Stations of the Cross** every Friday during Lent, followed by Communion at 6:30 pm

**Confessions:** every Thursday & Friday at 12 noon.

**ACN EMERGENCY UKRAINE APPEAL:** Catholic charity Aid to the Church in Need (ACN) is dispatching more than £830,000 in emergency help for Church communities responding to the desperate crisis in Ukraine following the Russian invasion. Please pray for Ukraine. Bishops, Priests and Sisters across Ukraine are helping and supporting people in need. To support the ACN Ukraine emergency appeal, visit [www.acnuk.org](http://www.acnuk.org)

**Sisters of St. Clare** are announcing the retirement of Sisters Antoinette and Kathleen. They have ministered in Luton for almost 50 years. They have deeply appreciated your constant goodness and support, you have been a graced inspiration to them always. Please keep both sisters in your heart and prayers as they will you.